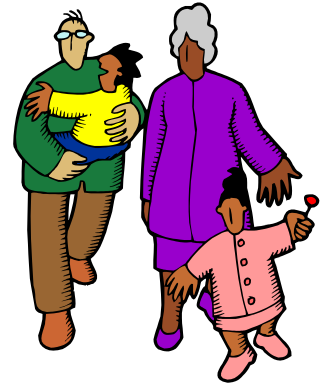


Grandparents Raising Grandchildren



In a growing number of homes, older singles and couples are parenting their grandchildren when the parents are unable to fulfill that role. While the reasons to step in to this role are varied, the challenges for grandparents are universal. Financial and emotional turmoil can result, with both generations feeling needs that are difficult to meet. Join others who have accepted this awesome responsibility, and learn ways to cope and even flourish under extreme circumstances.

Wednesdays - 10:00 - 11:30 a.m.

Family Education and Guidance Services, Plano ISD
Bird Education Center, NE ramp entrance
1300 19th St, Plano, 75074

- | | |
|-----------|---|
| April 4: | Open Discussion |
| April 11: | The Importance of giving Children Choices |
| April 18: | Why is Self Esteem so Important |
| April 25: | Feeling Frazzled? - Stress Control |
| May 2: | Open Discussion |
| May 9: | Keeping Your Cool in the Heat of the Moment |
| May 16: | Disciplining a Hurting Child |
| May 23: | The Importance of giving Children Choices |
| May 30: | Hot Fun in the Summer Time |

For more information contact Rina Nittolo at (469) 752-2272 or rina.nittolo@psd.edu.

Visit www.pisd.edu/parentworkshops
for a complete list of parent education classes.